## Access online help that is smart with heart



Health Advocate's digital experience has the resources you need to improve your health and well-being.

Through our website and mobile app, you can:

- Learn about your Health Advocate services and the many ways we can help
- View important news alerts and timely tips to improve your well-being
- Use our Symptom Checker for information about a variety of conditions to help you decide when you should call the doctor and what you can do at home
- Quickly connect with a Health Advocate

  expert through live chat, web message
  or email
- Open a case for our experts to assist you, check the status of your cases and direct message the expert working on your issue
  - Access a Medical Visit Checklist so you know what questions to ask your doctor at your next appointment

## Each quarter, we're giving away gift cards to three lucky members!

Winners can choose either an Amazon, Apple, or Google Play \$250 gift card. Enter the raffle online or through our mobile app for a chance to win.



## Get started today!

Log in or register with the steps below:

- 1. Visit the website or download the mobile app
- 2. Click "Register Now"
- Enter the required information, confirm your registration, and then log in



**866.799.2731** 

answers@HealthAdvocate.com HealthAdvocate.com/members

Call • Email • Message • Live Chat

