REDUCE YOUR RISK

TAKE SIMPLE STEPS TO REDUCE THE SPREAD OF GERMS







Keep your workstations clean.

Stay home when you are sick.

Wash your hands with soap and water for at least 20 seconds.







Use an alcohol-based hand sanitizer with at least 60% alcohol.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Cough or sneeze into your elbow if you do not have a tissue.

