



Virtual Healthcare Options

If you traveled to an area impacted by the COVID-19 or were exposed to someone with a confirmed COVID-19 infection and/or feel sick, consider telehealth medical care options.

FOR CITY OF DALLAS EMPLOYEES ENROLLED IN A HEALTH PLAN

- Telehealth on MyCigna. Visit mycigna.com and select the “Connect Now” button on the home page to talk with a doctor or nurse any time.

OPTIONS FOR INDIVIDUALS WITHOUT HEALTH INSURANCE

- CVS Minute Clinics (Teledoc)
 - <https://www.cvs.com/minuteclinic/virtual-care/video-visit>
 - \$59 / eVisit
- Remedy Health (Texas & California)
 - <https://get.myremedy.com/?patient-selection>
 - \$49 for a video visit appointment; patient can use the code: new10 to get \$10 off of the first visit
- Dispatch Health: Licensed providers in over 25 states:
 - <https://www.dispatchhealth.com/>
 - \$275 Direct to consumer cost (Includes onsite care at home, if warranted, and in a service location)
- Text-based On Demand Primary Care – Connects with Physician once symptoms are assessed online/through application.
 - 98point6.com
 - <https://www.98point6.com/>
 - App based program - \$20 / year subscription, \$1 per visit
- K Health
 - <https://www.khealth.ai/>
 - App based program - \$19 / visit or \$39 unlimited visits per year