



**“Should I go to the ER or find an urgent care clinic?”**

City of Dallas employees covered by the City’s medical insurance receive a discounted rate for medical treatment at any Dallas area Concentra Urgent Care Center.

- Why go?**
- Minor medical issue
  - Do not need to see a doctor

- Why go?**
- Need prompt physician care
  - Convenience (after hours)
  - No family-doctor relationship

- Why go?**
- Life-threatening cases
  - 24/7 care
  - No other medical options

**As-Needed Care**

- Retail Health Clinic**
- Minor conditions and basic services (athlete’s foot, pink eye, flu shot, etc.)
  - Nurse practitioner, physician assistant
  - Services limited by small facility size and provider expertise
  - No appointment needed

**Concentra<sup>+</sup>**  
urgent care

- Common injuries, diseases and conditions that need immediate attention but are not medical emergencies
- Physician and medical team
- Extended hours
- No appointment needed\*
- Visits last ± 60 minutes
- Posted pricing, costs similar to primary care visit

\*Concentra TotalCare Health and Wellness Center (Dallas City Hall location) requires an appointment. No walk-ins accepted!

- Emergency Room**
- Life-threatening cases including trauma, resuscitation and hospital admissions
  - Emergency physicians
  - Treatment based on medical priority (triage)
  - Visits last ± 220 minutes
  - Up to six times the cost of urgent care

**Long-Term Care**

- Primary Care Doctor**
- Preventive medicine and chronic disease management
  - Weekday hours (some extended hours)
  - Appointment only (sometimes days or weeks to schedule)
  - Often cannot accept new patients

- Why go?**
- Existing doctor relationship,
  - Prevention and disease management



**City of Dallas**

# Discount Breakdown

If You Are A:	Concentra (Dallas City Hall) <sup>†</sup>	Concentra (DFW Metroplex)
City Employee Covered by City Health Plan	Cost: \$0 <sup>1</sup>	Cost: \$25 <sup>1*</sup> /\$35 <sup>1**</sup>
City Employee NOT Covered by City Health Plan	Cost: \$25 <sup>1</sup>	Not Eligible for Discount
Pre-65 Retiree Covered by City Health Plan	Cost: \$0 <sup>1</sup>	Cost: \$25 <sup>1*</sup> /\$35 <sup>1**</sup>
Pre-65 Retiree NOT Covered by City Health Plan	Not Eligible for Discount	Not Eligible for Discount
Medicare-Eligible Retiree	Not Eligible for Discount	Not Eligible for Discount

<sup>1</sup> You may incur additional charges for services such as lab work and x-rays during your clinic visit.

\*Copay for 75/25 HRA Plan Enrollees

\*\*Copay for 70/30 Plan Enrollees

<sup>†</sup>Concentra TotalCare Health & Wellness Center (Dallas City Hall) requires an appointment. No walk-ins are accepted.

## Greater Dallas Area Clinic Directory

### Dallas City Hall

1500 Marilla, Room 1CS, Dallas, TX 75201

Hours: 7:30 a.m. - 6 p.m. (M-F)

Phone: 214-671-9140 Fax: 214-749-0412

### Concentra After Hours:

214-630-2331

#### Addison

15810 Midway Rd.  
Addison, TX 75001

Hours: 8 a.m. - 8 p.m. (M-F)

8 a.m. - 5 p.m. (Sat)

Phone: 972-458-8111

Fax: 972-458-7776

#### Arlington North

2160 E. Lamar Blvd  
Arlington, TX 76006

Hours: 8 a.m. - 5 p.m. (M-F)

9 a.m. - 5 p.m. (Sat/Sun)

Phone: 972-988-0441

Fax: 972-641-0054

#### Arlington South

511 E. 1-20

Arlington, TX 76018

Hours: 8 a.m. - 8 p.m. (M-F)

9 a.m. - 5 p.m. (Sat/Sun)

Phone: 817-261-5166

Fax: 817-275-5432

#### Burleson

811 NE Alsbury Blvd,  
Suite 800

Burleson, TX 76028

Hours: 8 a.m. - 8 p.m. (M-F)

8 a.m. - 5 p.m. (Sat)

Phone: 817-293-7311

Fax: 817-551-1066

#### Carrollton

1345 Valwood Pkwy  
Suite 306

Carrollton, TX 75006

Hours: 8 a.m. - 5 p.m. (M-F)

Phone: 972-484-6435

Fax: 972-484-6785

#### Fort Worth Forest Park

2500 West Fwy (I-30)  
Suite 100

Fort Worth, TX 76102

Hours: 8 a.m. - 8 p.m. (M-F)

8 a.m. - 5 p.m. (Sat)

Phone: 817-882-8700

Fax: 817-882-8707

#### Fort Worth Fossil Creek

4060 Sandshell Drive  
Fort Worth, TX 76137

Hours: 8 a.m. - 5 p.m. (M-F)

Phone: 817-306-9777

Fax: 817-306-9780

#### Frisco

8756 Teel Pkwy, Suite 350  
Frisco, TX 75034

Hours: 8 a.m. - 8 p.m. (M-F)

8 a.m. - 5 p.m. (Sat)

9 a.m. - 5 p.m. (Sun)

Phone: 972-712-5454

Fax: 972-712-5442

#### Garland

1621 S. Jupiter Rd  
Suite 101

Garland, TX 75042

Hours: 8 a.m. - 5 p.m. (M-F)

Phone: 214-340-7555

Fax: 214-340-3980

#### Irving (Las Colinas)

5910 N. MacArthur Blvd  
Suite 133, Irving, TX 75039

Hours: 8 a.m. - 8 p.m. (M-F)

8 a.m. - 5 p.m. (Sat)

Phone: 972-554-8494

Fax: 972-438-4647

#### Lewisville

2403 S. Stemmons Fwy  
Suite 103

Lewisville, TX 75067

Hours: 8 a.m. - 8 p.m. (M-F)

9 a.m. - 5 p.m. (Sat/Sun)

Phone: 972-829-2999

Fax: 972-459-7929

#### Mesquite

4928 Samuell Blvd.  
Mesquite, TX 75149

Hours: 8 a.m. - 5 p.m. (M-F)

Phone: 214-328-1400

Fax: 214-328-2884

#### Plano

1300 N. Central Expy  
Plano, TX 75074

Hours: 8 a.m. - 8 p.m. (M-F)

8 a.m. - 5 p.m. (Sat)

Phone: 972-578-2212

Fax: 972-881-7666

#### Redbird

5520 Westmoreland  
Suite 200, Dallas, TX 75237

Hours: 8 a.m. - 5 p.m. (M-F)

Phone: 214-467-8210

Fax: 214-467-8192

#### Stemmons

2920 N. Stemmons Fwy  
Dallas, TX 75247

Hours: 8 a.m. - 8 p.m. (M-F)

9 a.m. - 5 p.m. (Sat/Sun)

Phone: 214-630-2331

Fax: 214-905-1323

#### Upper Greenville

5601 Greenville Ave.  
Dallas, TX 75206

Hours: 8 a.m. - 8 p.m. (M-F)

9 a.m. - 5 p.m. (Sat/Sun)

Phone: 214-821-6007

Fax: 214-821-6149