

WELLPOINTS

PRE-65 RETIREE

HOW TO MEET YOUR WELLPOINTS REQUIREMENTS

Pre-65 retirees who complete the WellPoints requirements will pay the lowest possible premium for their 2015, City sponsored medical plan; 75/25 HRA Plan enrollees will also earn additional HRA funds.

Pre-65 retirees must complete the following activities before the WellPoints deadline (August 31st):

1) MyUHC Online Health Assessment

- a. Go to www.myuhc.com to complete the assessment.

2) Annual Physical Exam

- a. Includes BMI, Blood Pressure, Fasting LDL and Fasting Glucose

Annual Physical Exam: Print a copy of the WellPoints [Annual Physical Exam Verification Form](#). Have this form on hand when you take your annual physical.

Instructions:

- (1) Schedule an annual physical exam with your physician or health provider.
- (2) Present the Annual Physical Exam Verification Form at the time of your exam.
- (3) Complete Section 1 and request your physician to complete Section 2 of the form.
- (4) Submit the completed form to the Benefits Service Center (City Hall, Room 1DS).

MyUHC Online Health Assessment: Go to www.myuhc.com to complete the online health assessment.

Instructions:

- (1) Log in or register at www.myuhc.com.
- (2) Once logged in, select Health Assessment
- (3) Click Take Health Assessment (you may select En Español at this screen)
- (4) Complete the questionnaire
- (5) Click Submit when done
- (6) **Congratulations!** You have completed your online health assessment. Scroll down to the bottom of the page to print your results. It is recommended that you print a copy of your results for record-keeping purposes.

For more information, contact the Benefits Service Center:

Dallas City Hall, 1500 Marilla Street, First Floor, Room 1D-South, Dallas, TX 75201

1-855-656-9114 (Ph)

214-659-7098 (Fax)

hrbenefits@dallascityhall.com (Email)

WELLPOINTS PERIOD: OCTOBER 1, 2013 – AUGUST 31, 2014