

# Memorandum



CITY OF DALLAS

DATE April 17, 2015

TO Housing Committee Members: Carolyn R. Davis, Chair, Scott Griggs, Vice-Chair, Monica Alonzo, Rick Callahan, Dwaine Caraway, and Philip Kingston

SUBJECT Network of Age Friendly Communities

On Monday, April 20, 2015, you will be briefed on Network of Age Friendly Communities. A copy of the briefing is attached.

Please let me know if you have any questions.

A handwritten signature in blue ink that reads "Theresa O'Donnell".

Theresa O'Donnell  
Chief Planning Officer

c: The Honorable Mayor and Members of the City Council  
A. C. Gonzalez, City Manager  
Rosa A. Rios, City Secretary  
Warren M.S. Ernst, City Attorney  
Craig Kinton, City Auditor  
Daniel F. Solis, Administrative Judge  
Ryan S. Evans, First Assistant City Manager  
Eric D. Campbell, Assistant City Manager  
Jill A. Jordan, P. E., Assistant City Manager  
Mark McDaniel, Assistant City Manager  
Joey Zapata, Assistant City Manager  
Jeanne Chipperfield, Chief Financial Officer  
Sana Syed, Public Information Officer  
Elsa Cantu, Assistant to the City Manager – Mayor and Council

# NETWORK OF AGE FRIENDLY COMMUNITIES

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**A Collaboration**

**City of Dallas and AARP**



# Dallas Senior Community

- The number of seniors in the United States grew from 3.1 million in 1900 to 33.2 million in 1994. This number is expected to more than double by the middle of the next century, to 80 million people. By 2030, about one out of every five Americans, or 20%, will be a senior.
- Of the 1,257,676 people in the City of Dallas 11% are estimated to be over the age of 60. In 15 years that percentage will double.



# The Network of Age-Friendly Communities

The AARP Network of Age-Friendly Communities consists of 45 cities in the U.S. Dallas was the 5<sup>th</sup> of 7 cities in Texas to join the network to commit to becoming “age-friendly.”



# The Goal of Age Friendly Communities

- This initiative will advance the efforts of cities to help all people live easily and comfortably in their homes and communities. It encourages the older residents to take an active role and have their voices heard.

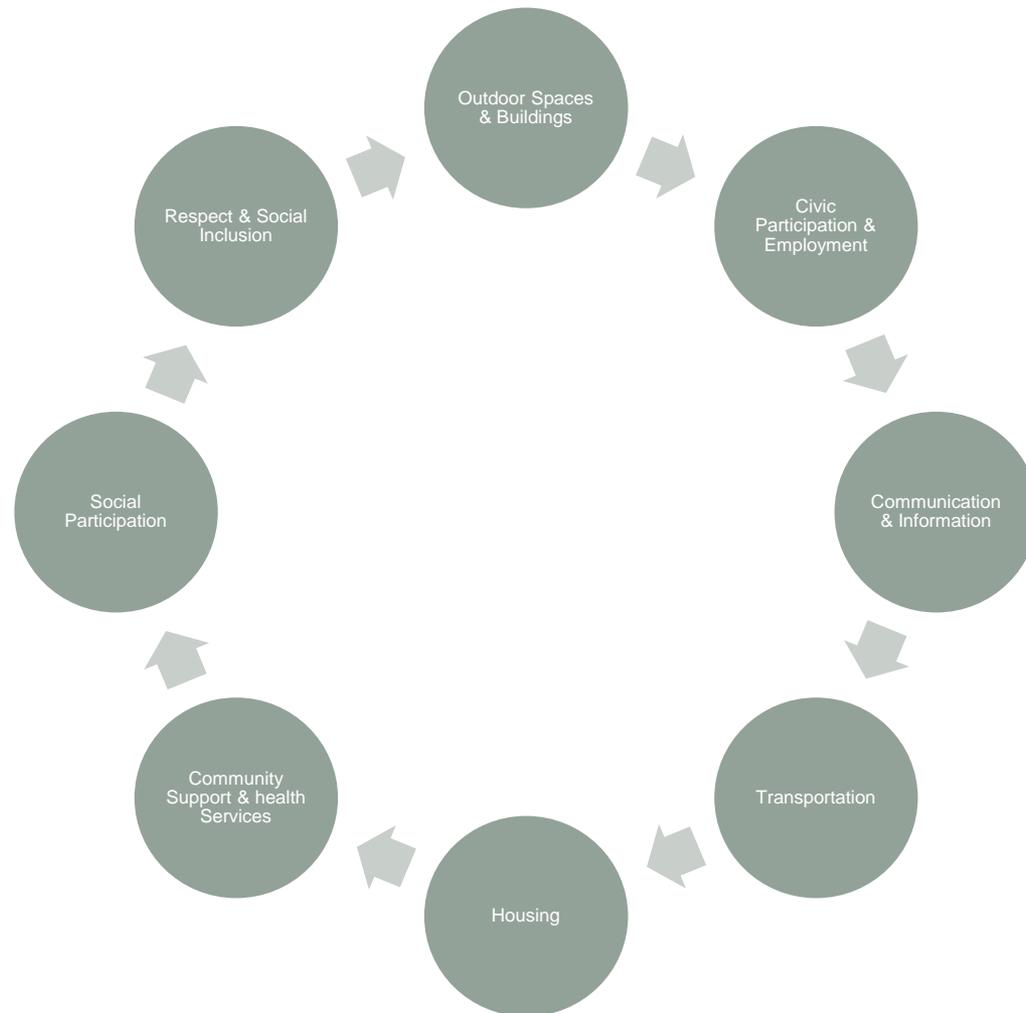


# The Initiative Targets

- AARP's Network of Age Friendly Communities serves as a catalyst to educate, encourage, promote and recognize improvements that make communities supportive for residents of all ages.



# Eight Domains of Livability



# 8 Domains of Livability

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- **Outdoor Spaces & Buildings**
  - Availability of safe and accessible recreational facilities
- **Transportation**
  - Safe and affordable modes of private and public transit
- **Housing**
  - Range of housing options for older residents, the ability to age in place and home-modification programs
- **Social Participation**
  - Access to leisure & cultural activities
- **Respect & Social Inclusion**
  - Promotion of ethnic and cultural diversity programs as well as multi-generational interaction & dialogue
- **Civic Participation & Employment**
  - Engagement in the creation of policies relevant to their lives & paid and volunteer activities
- **Communication & Information**
  - Access to technology that helps to connect to family and friends
- **Community Support & Health Services**
  - Access to homecare services, health clinics and programs that promote wellness and active aging

# Network Milestones

Years 1-2

Years 3-5

**Plan**



**Implement**



**Evaluate your progress**

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- Conduct Baseline Assessment
  - Build a strong network of community partners
  - Write Action Plan

- Write report
- Submit to AARP



**Continuous Improvements**

# The Program Cycle

## Step 1: Entering the Network

The AARP Network of Age Friendly Communities serves as a catalyst to educate, encourage, promote and recognize improvements that make communities supportive for residents of all ages. The network provides U.S. cities, towns, and counties with resources to become more age-friendly by tapping into national and global research, planning models and best practices.

## Step 2: Planning Phase

This phase has four key elements:

- The establishment of mechanisms to involve older people throughout the age-friendly community cycle.
- A baseline assessment of the community's age-friendliness.
- The development of a three-year community wide action plan based on the assessment.
- The identification of indicators for monitoring progress.

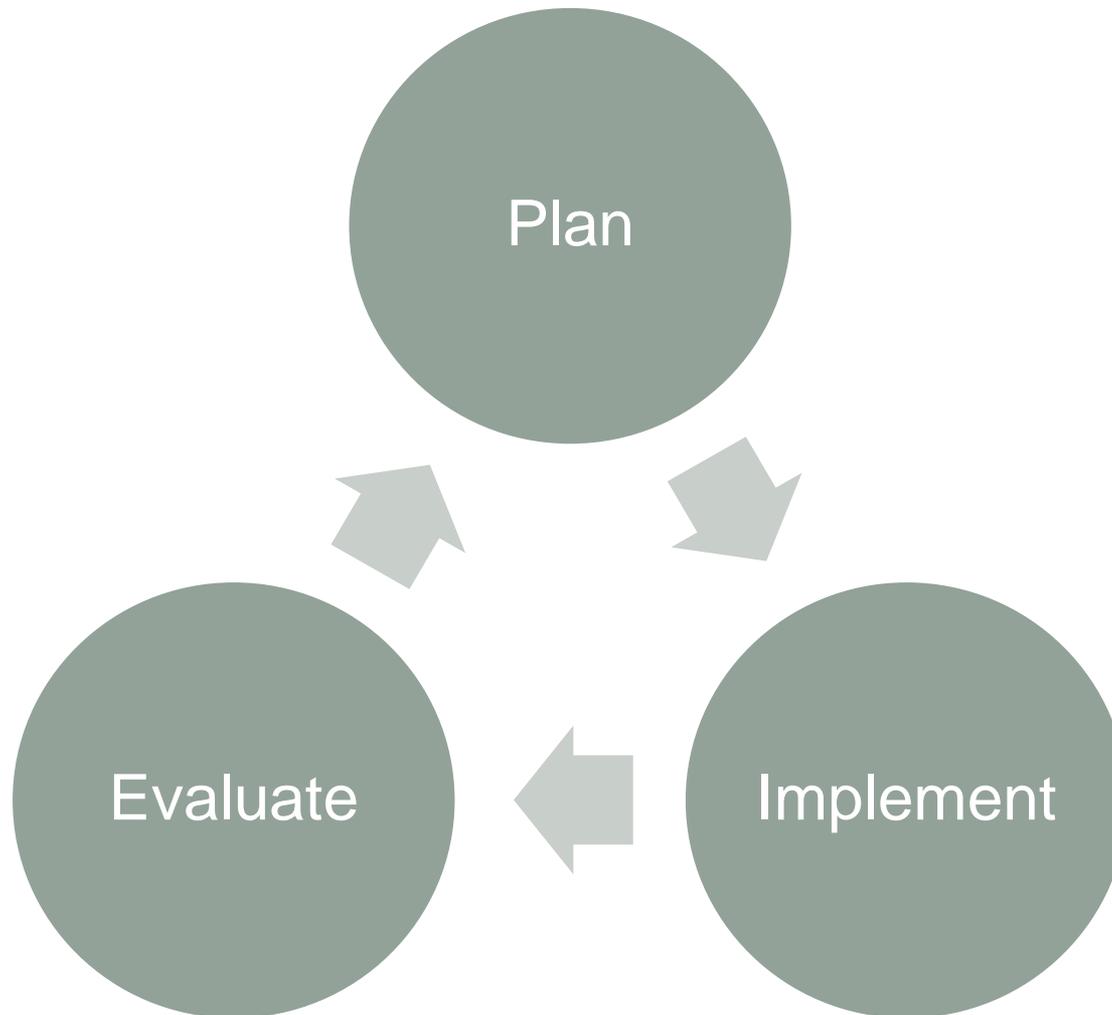
This phase is completed when an action plan is submitted to the World Health Organization (WHO) for review and endorsement.

## Step 3: Implementation & Evaluation

Within a 2 year time period after joining the AARP Network of Age Friendly Communities, a community will need to submit its action plan to AARP for review and endorsement. Upon endorsement and recommendations to the WHO by AARP, a community begins a three-year period of implementation.

At the end of this period the community is required to submit a progress report to AARP outlining its progress against the indicators developed in the Step 2: Planning Phase.

## Step 4: Continuous Cycle of Improvements



# AARP Network of Age-Friendly Communities Member Benefits

- Organizational guidance from national experts
  - Streamlined admission into the World Health Organization's age-friendly network
  - Resources for identifying and developing assessment and survey tools.
  - Information about identifying and developing community-success criteria
  - Recognition by AARP and others
  - Access to a network of communities and best practices
  - Access to a volunteer network of support
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- Access to evaluation tools
  - Invitations to organized trainings and networking events
  - Resources at [AARP.org/livable](http://AARP.org/livable) and [AARP.org/agefriendly](http://AARP.org/agefriendly)
  - Support and guidance from AARP

# Dallas Plan 2014-2015

- Signed Agreement August 2014
- Special Recognition 2014- City Council Chambers



- Presentation at SAC Retreat & February Meeting with Neighborhood Plus
- Stake Holders Coalition Building
- Coffee & Conversation with City Leaders & Seniors – kick-off
- Senior Housing 101
- MayFair 2015 Senior Festival & Expo
  - DART Senior Expo
  - Ciclovía

# Dallas Plan 2014-2015

- Continued Coffee & Conversation events
- Strategy session with stake holders
- Cesar Chavez Senior Health & Safety Fair
- Hunger Initiative Seminar
- Retirement Readiness
- Career Transitions Expo
- Launch Grandparent's Park
- Scam Jams



- Family Caregiver Event
- Bailando Por Su Salud  
Dancing for Your Health –  
Christmas Celebration!

# Questions

- Please contact Susan Williams – AARP

or

- Valencia Hooper-Alexander, LMSW – Senior Services Program, City of Dallas, Housing/Community Services