

RECEIVED



City of Dallas

2015 SEP 25 PM 2:14

CITY SECRETARY  
DALLAS, TEXAS**SENIOR AFFAIRS COMMISSION**

Monday, August 17, 2015 12:00 p.m.

Dallas City Hall – 1500 Marilla, Rm. L1EN

**AMMENDED MINUTES (September 21, 2015)****MEMBERS PRESENT**

Trini Garza, Chair  
 Carmen Arana, (Dist. 1)  
 Lydia Simpson (Dist. 2)  
 Felix Lozada (Dist. 6)  
 Julie Schaar (Dist. 9)  
 Marlene Cohen (Dist. 12)  
 Sara Wick (Dist. 14)

**GUESTS**

Gene Popik  
 Cannon Flowers  
 Tanya Williams  
 Janet Thomas  
 Armand Christopher

**VACANCIES**

District 8  
 District 10

**MEMBERS ABSENT**

John Johnson, (Dist. 3) Co- Chair  
 Dorothy Willis (Dist. 4)  
 Manuelita Tafalla (Dist. 5)  
 Betty Hooey (Dist. 7)  
 Irwin Gart (Dist. 11)  
 Sylvia L. Benenson (Dist. 13)

**COD STAFF**

Valencia Hooper-Alexander  
 Myckycle Hart

**CALL TO ORDER**

Mr. Trini Garza, Chair, called the Senior Affairs Commission (SAC) meeting to order at 12:00 p.m.

**APPROVAL OF MINUTES**

The minutes from the June 15, 2015 SAC meeting were reviewed. Ms. Simpson requested the following be removed from minutes "*The committee faces challenges with membership consistency due to the dual roles.*" Correction to the minutes: Ms. Simpson provided a written report on her district and committee activities, which is attached. A motion was made to accept the minutes with the sentence deleted. It was seconded and the meeting notes were approved unanimously by the Commissioners present.



## **PRESENTATION**

Mrs. Tanya Williams, Cigna Springs Health Care, gave a presentation on the Medicare Advantage Plan she represents and how it will benefit seniors who choose to use the product. She mentioned there were several other plans available to seniors. It is important for the senior to understand their choice as it affects their physicians, medications and other medical choices. A copy of her presentation was provided to those present and available to others via email. Seniors eligible for Medicare will be making choices beginning October 1, 2015. The Dallas Area Agency on Aging as well as the Medicare website can assist in making choices.

## **DISTRICT REPORTS:**

**District 1** – Ms. Arana met with Councilman Griggs along with Mr. Garza and Mrs. Alexander. She is advocating for better streets and stop signs for her district. She feels Mr. Griggs is very open to meeting with his appointees on a regular basis.

**District 2-** Ms. Simpson reported she has been attending the Love Field West Neighborhood Association and plans to attend the Grauwlyer Park Town Hall meeting on the 27<sup>th</sup>. She states she is in regular contact with Councilman Medrano. (See attached report for more detail)

**District 6** –Mr. Lozada states he is actively visiting senior centers in his area, He plans to attend the Town Hall meeting on the 18<sup>th</sup>.

**District 7 – Vacant**

**District 9-** Ms. Schaar reported she will be resigning but has been meeting with her councilman to recommend a replacement.

**District 10-** Mr. Christopher stated he has had an extensive conversation with Councilman McGough and he is interested in what happens with seniors.

**District 11-** Ms. Wick reported for Mr. Gart that they met with the planning commission chair and library representatives. She stated she and Mr. Gart discussed planning a SAC orientation and retreat. The felt it needed to be five hours long and in the same room where the monthly meetings are held. Ms. Arana and Mr. Cannon volunteered to work with them. Mrs. Alexander mentioned Mr. Garza, chair, and should be included in planning.

**District 12-** Ms. Cohen attended a Coffee and Conversation event at Timberglen Recreation sponsored by AARP and COD. She met with Mr. AC Gonzales regarding the Senior Budget requests along with Ms. Benenson and Mr. Garza on July 27<sup>th</sup>.

**District 14-** Ms. Wick reported she met with Councilman Kingston and he is very supportive of the Senior Budget requests.



## **COMMITTEE REPORTS**

### **Budget Committee – Syl Benenson**

Ms. Cohen reported in the absence of Ms. Benenson. She reviewed the current request from both the SAC and Senior Source. There is an on-line PowerPoint presentation on the 2015-16 Budget but it does not outline exactly what the amounts are for each department. It seems like Park & Recreation will receive \$500,000 and the other senior programs will maintain their budgets with minimum increases (related to salary only). Ms. Cohen encouraged Commissioners to attend the Budget Town Hall meetings. A listing of the scheduled meetings was emailed to all commissioners by staff. Final budget approval will be September 22, 2015.

### **Health Committee – Lydia Simpson, co-chair Age Well Live Well Coalition**

Ms. Simpson reported on the launch party for the White House Conference on Aging held at The Senior Source. She mentioned Mr. Garza had an opportunity to actually attend. Ms. Simpson was not able to attend the July AWLW meeting but plans to attend the meeting Wednesday, August 19<sup>th</sup>. See attached report for more details.

### **Housing Committee – Bill Gart**

In the absence of Mr. Gart, Myckyle Hart, COD staff, reported on the Housing Tour attended by several SAC members and housing committee members. They toured three housing communities to obtain an understanding of the various options for seniors based on their income/resources.

### **Victimization Committee – John Johnson**

In the absence of Mr. Johnson, Mr. Hart reported that the committee met today at 10:00 a.m. The committee discussed re-naming their committee to meet the mission and goals of the committee. They are planning to develop an insert for the water bill to encourage seniors to take steps to protect themselves. They continue to support community senior health and safety fairs, Chief on the Beat, and are looking forward to National Night Out in October.



### **AD-HOC COMMITTEES:**

#### **Age-Friendly Communities – Sara Wick**

Ms. Wick reported on the Stake Holders meeting she attended in July. The project has secured money to complete the survey. They discussed the 8 domains highlighting transportation and security as key for this area.

#### **Communications/Technology- No Report**

#### **Older American Month Committee- Marlene Cohen**

Ms. Cohen reported that MayFair was a success and we pretty much “broke even” financially. We are still in the process of totally reconciling the budget. Members present complimented Ms. Cohen for her leadership during MayFair!

#### **Transportation Committee - Trini Garza**

No report.

### **SENIOR SERVICES REPORT**

Mrs. Alexander began her report informing the Commissioners about a case the Program worked in which the resident died from heat exhaustion. The staff is working more cases now with Mr. Hart available. There are two vacancies which will be filled by next month. Ms. Gonzales has moved to Minor Home Repair Program. Ms. Alexander reported the staff reached out to 9,750 seniors thus far with special outreach to 2,000 Hispanic seniors. AARP & COD staff are planning an event on August 28th to promote healthy eating called “Salsa Con Salsa”. We are also planning an event to address hunger among seniors in the 75228 area (Harry Stone Recreation Center) on October 2, 2015. Commissioners were reminded to plan to attend National Night Out, October 6<sup>th</sup>, as each district will be hosting an event.

### **CITIZENS' COMMENTS**

Mr. Cannon Flowers reported he plans to attend the Town Hall meeting at the Women’s Museum on September 1.



Janet Thomas, citizen, discussed her concerns about finding affordable senior housing and communities. She spoke about her current community- Dickinson Place- stating she wanted the Resident Advisors to attend meetings to get more

information for the residents. She stated she enjoyed the Medicare presentation and wished more people could hear it as Medicare is confusing. She also reported on attending the Ms. Senior Texas America Pageant.

### **ADJOURNMENT**

Mr. Lozado moved to adjourn the meeting at 2:10 p.m. It was seconded by Ms. Wick.

Approved by *James Garza* 9-25-15

**SENIOR AFFAIRS COMMISSION Change requests to August 17, 2015 Minutes**

**DISTRICT REPORTS**

**District 2** – Ms. Simpson reported she regularly attends the Love Field West Neighborhood Association meetings. She is in contact with Councilman Medrano’s office and has provided Senior Affairs budget requests and plans to attend the District 2 & 6 Budget Town Hall Meeting at Bachman Rec Center on August 27<sup>th</sup>. AgriLIFE Extension of Texas A&M System offered their nutrition program at the Grauwylar Branch Library which began the first week in July for six weeks. Seven individual completed the program. AgriLIFE is a member of Age Well Live Well Dallas.

**COMMITTEE REPORTS**

**Health Committee** – Lydia Simpson, Co-chair Age Well Live Well Dallas Coalition  
Ms. Simpson attended the all day watch party at the Senior Source on July 13 for the 2015 White House Conference on Ageing which takes place every Ten years. Ms. Simpson stated Mr. Trini Garza was fortunate to attend the event in Washington D.C. Ms. Simpson was unable to attend the AWLW Dallas meeting in July, but plans to be present in August 19th.

Valencia  
150030

## **SENIOR AFFAIRS COMMISSION Change requests to August 17, 2015 Minutes**

### **DISTRICT REPORTS**

**District 2** – Ms. Simpson reported she regularly attends the Love Field West Neighborhood Association meetings. She is in contact with Councilman Medrano's office and has provided Senior Affairs budget requests and plans to attend the District 2 & 6 Budget Town Hall Meeting at Bachman Rec Center on August 27<sup>th</sup>. AgriLIFE Extension of Texas A&M System offered their nutrition program at the Grauwlyer Branch Library which began the first week in July for six weeks. Seven individual completed the program. AgriLIFE is a member of Age Well Live Well Dallas.

### **COMMITTEE REPORTS**

**Health Committee** – Lydia Simpson, Co-chair Age Well Live Well Dallas Coalition Ms. Simpson attended the all day watch party at the Senior Source on July 13 for the 2015 White House Conference on Ageing which takes place every Ten years. Ms. Simpson stated Mr. Trini Garza was fortunate to attend the event in Washington D.C. Ms. Simpson was unable to attend the AWLW Dallas meeting in July, but plans to be present in August 19th.