



Dallas Park & Recreation

DISD Aquatics Partnership



Program Overview

December 15, 2016

BACKGROUND

- Public meetings for the Aquatics Master Plan in 2015 revealed a strong desire for indoor pool programming in Southeast Dallas.
- The Aquatics Master Plan does not include indoor facilities, but Park and Recreation and Dallas Independent School District leadership met to discuss potential programming at existing DISD indoor pools.
- Aquatics staff developed a proposed program and budget for programming the Pleasant Grove DISD pool beginning in January 2017.
- A budget enhancement was submitted and approved for FY16-17.
 - Budget: \$92,529
 - Staffing: 1 Full-Time, 3 Part-Time
- Currently finalizing a Memorandum of Agreement with DISD, hiring staff and purchasing supplies/equipment.
- Supports collaboration efforts between DPARD and DISD.

PROGRAMMING FOCUS

- Additional meetings between DISD and DPARD staff, resulted in the program being further refined focused on meeting both the needs of the public in Southeast Dallas and DISD students.
 - **Public programming at Pleasant Grove Pool** for seniors, adults and young children.
 - **Swim instruction and training programs** for middle school and high school age students.
 - **Coaching clinics and safety training** for DISD swim team coaches.

PUBLIC PROGRAMMING

- Pleasant Grove Indoor Pool
- Monday – Thursday, 9am – 4pm
- January 10 – June 1
- Senior & Adult water exercise classes (low and high intensity, deep water)
- Senior & Adult swim lessons
- Youth Swim Lessons (preschool and parent/child)
- Open Lap Swim
- Will utilize the Bachman Indoor Pool fee schedule for program pricing



PUBLIC PROGRAM SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9:00AM -10:00AM	Senior/Adult Water Exercise (Low Intensity)	Deep Water Exercise	Senior/Adult Water Exercise (Low Intensity)	Deep Water Exercise
10:00AM-11:00AM	Senior/Adult Water Exercise (High Intensity)	Parent and Child Aquatics	Senior/Adult Water Exercise (High Intensity)	Parent and Child Aquatics
11:00AM -12:00PM	Deep Water Exercise	Senior/Adult Swimming Lessons	Deep Water Exercise	Senior/Adult Swimming Lessons
12:00PM -12:30PM	Closed	Closed	Closed	Closed
12:30PM -2:00PM	Open Swim	Open Swim	Open Swim	Open Swim
2:00PM -3:00PM	Senior/Adult Swimming Lessons	Senior/Adult Water Exercise (Low Intensity)	Senior/Adult Swimming Lessons	Senior/Adult Water Exercise (Low Intensity)
3:00PM -4:00PM	Parent and Child Aquatics	Senior/Adult Water Exercise (High Intensity)	Parent and Child Aquatics	Senior/Adult Water Exercise (High Intensity)

SWIM INSTRUCTION & TRAINING

- Program will be conducted for six weeks at each of the six DISD pools
- Monday/Wednesday or Tuesday/Thursday, 5:00pm – 7:30pm
- January 10 – June 1
- Open to all high school and middle school age students in the feeder pattern for each pool.
- Beginner to intermediate classes for varying ability levels
- Free to all students



SWIM INSTRUCTION & TRAINING

	Swim Training	Swim Training	Swim Training	Swim Training
5:00PM - 7:30PM	5:00-5:45PM Class 1 5:45-6:30pm Class 2 6:30-7:15pm Class 3	5:00-5:45PM Class 1 5:45-6:30pm Class 2 6:30-7:15pm Class 3	5:00-5:45PM Class 1 5:45-6:30pm Class 2 6:30-7:15pm Class 3	5:00-5:45PM Class 1 5:45-6:30pm Class 2 6:30-7:15pm Class 3

Jan 10 - Feb 24	Sprague Pool	Lisbon Pool	Sprague Pool	Lisbon Pool
Feb 27 - Apr 13	Alamo Pool	Pleasant Grove Pool	Alamo Pool	Pleasant Grove Pool
Apr 18 - Jun 1	White Rock Pool	Loos Pool	White Rock Pool	Loos Pool

COACHING CLINICS & SAFETY

- Dallas Park and Recreation Aquatics staff will offer the following training to DISD swim coaches:
 - American Red Cross Safety Training for Swim Coaches
 - American Red Cross Lifeguard Training
 - Swim coaching clinics



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