



Dallas Park & Recreation

**TREC:**

**A New Approach to Teen Programming**

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**PARK AND RECREATION BOARD**

**MAY 16, 2019**

# Background and Purpose

As a result of the February 13, 2019 City Council meeting regarding the Dallas Teen Curfew, it was determined by Council, that funding and programming for Teens is lacking in our city.

In April 2019, the Dallas Park and Recreation Department was provided a \$500K mid-year budget appropriation. This funding is specifically dedicated to enhancing Teen programs and services throughout the City of Dallas.

TREC (Teen Recreation) is a programming effort designed to target Teens age 13-17 within Dallas. TREC will be inclusive of all things Teen throughout the City and will focus on specific program areas: 1) Arts and Culture, 2) Community Engagement and Service, 3) Health and Wellness 4) Leadership and Life Skills and 5) Technology/STEM.

Led by the Dallas Park and Recreation Department, TREC will collaborate with various departments within the City of Dallas, as well as established community partners and organizations.

# Goals of the Program

- Offer and promote engaging, creative and low-cost programs, activities and events that will attract teens ages 13-17 within the city of Dallas.
- Increase the number of program hours and number of programs offered for teens throughout our Park and Recreation system and beyond.
- Increase our number of **active** Teen participants ages 13-17
- Provide Teen programming centered around 5 focus areas:
  - Arts and Culture
  - Community Engagement
  - Health and Wellness
  - Leadership Skills and Development
  - Technology/STEM
- Reduce the number of Teen citations and arrest

# Planning and Preparation Phase (April 2019-May 2019)

This phase focuses on research, networking and the forming of inter-departmental and external community partnerships.

- Identify City Resources and Key Personnel
  - Introductory Meeting
  - Brainstorm Meeting
- Seek Teen Input
  - Attended Teen Expo, sponsored by the Youth Commission
  - Distribute surveys to potential teen program participants; information to be used to create programs
- Determine program locations based on data received from various departments.

# Phase I: New Summer Programs (June 2019-August 2019)

Focus on the expansion of Teen program hours and offerings, by building on an existing program model and creating *new* program opportunities for Teens. Understanding the dynamics of Teen programming, TREC will offer various levels of programming for Teens.

- Late Night Recreation will be offered on Fridays and Saturdays from 7pm-11pm at our 5 pilot sites. Late Night Recreation is inclusive of simultaneous basketball and indoor soccer league.
  - Beckley Saner Recreation Center
  - Lake Highlands Recreation Center
  - Campbell Green Recreation Center
  - Nash-Davis Recreation Center
  - Pleasant Oaks Recreation Center
- Free *Roving* Teen Camps will be offered at 5 recreation center, Monday-Friday 10am-4pm.
  - Cummings Recreation Center\*
  - Nash-Davis Recreation Center
  - Timberglenn Recreation Center
  - Willie B. Johnson Recreation Center
  - TBD

\* (Pilot YouthBuild training program)

# Phase II: Program Expansion and Partnership Development

## September 2019-November 2019

This phase will focus on program expansion and partnership development. Through collaborative efforts, TREC will offer opportunities and scheduled outings for our Teen participants.

- College and Vocational Application and Test Preparation
- Cultural Programs
- Job Training and Shadowing
- Mental and Physical Health
- Nutrition Education
- Outdoor Adventure



# Phase III: Identify Dedicated Space

## Spring 2020-Summer 2020

Teens desire to have an established, safe place for them to congregate and receive services. We will explore facilities where a dedicated “Teen Zone” can be established.

### **Current Dedicated Teen Space:**

- Teen Technology Center @ Juanita J. Craft Recreation Center
- Forest Audelia Boxing Gym

# Upcoming Campaigns and Special Events

- Free Fitness Center Access (June-August)
  - Free for registered Teens ages 15 to 17
- Teen Tech Center *On the Go!* (June-August)
  - As an enhancement to the Late Night Recreation
- Work Training Program and Job Placement (Summer)
- Arts and Visual Showcase (Summer)
  - Potential collaboration with the Dallas Youth Commission
- Teen Back to School Skate Night (August)
  - Potential collaboration with the Dallas Youth Commission
- Citywide Scavenger Hunt (Fall)



# TREC Needs

- Sustainable Program
- Full Time Teen Staff
- Funding for Teen Zone/Teen Center
- Continued Engagement w/Teens

For More Information on TREC, Please visit  
[www.dallasparks.org](http://www.dallasparks.org) or call 214.670.8847